



## STACEY AVIVA SOLOMON

October 13, 1979 - October 10, 2018

Stacey Aviva Solomon, 38, of Overland Park, KS, passed away Wednesday, October 10, 2018. Funeral services will be 1:30pm Friday, October 12, 2018 at The Louis Memorial Chapel, 6830 Troost Avenue, Kansas City, MO with burial to follow at Rose Hill Cemetery. In lieu of flowers, the family suggests contributions to Kansas City Avodah or a charity of one's choice.

Stacey was born October 13, 1979 in Kansas City, MO, the daughter of Dr. Steven and Ilene (Frank) Simon. She was self-employed as a Yoga instructor and Nutritionist.

Stacey was involved with Kollel and Avodah, Jewish Service Organizations. She was a very popular Yoga teacher at studios throughout the city, including at the Chabad House.

Stacey was a Phi Beta Kappa at the University of Arizona, Tucson, and received her Master's degree from Hunter College, New York City, NY. She was certified as a Holistic Health Counselor from the Institute of Integrative Nutrition, New York City, NY. Stacey also received her Yoga certification from Darling Yoga, Overland Park, KS.

Stacey was very charitable and gave to Planned Parenthood, Israeli Defense Force, and the ACLU. She was a recent volunteer for a national political campaign.

Stacey is survived by her husband, Garrett (Matt) Solomon and her sons: Eli Gabriel and Jonah Sage; parents: Dr. Steven and Ilene Simon; her sister and brother-in-law: Jennifer Simon and Matt Trokenheim and her father-in-law and mother-in-law: Bruce and Celia Solomon.

# Events

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**OCT Shiva** 08:00PM

**13**

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at the home of Dr. Steven and Ileene Simon. Please contact funeral home for more information.

KS, US

**OCT Shiva** 06:00PM

**14**

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at the home of Dr. Steven and Ileene Simon. Please contact funeral home for more information.

KS, US

**OCT Shiva** 06:00PM

**15**

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at the home of Dr. Steven and Ileene Simon. Please contact funeral home for more information.

KS, US

# Comments

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“ I was so very sad to hear about Aviva’s passing. I met Aviva when we both staffed Tiyul in 2004. We became quick friends and were in frequent email and phone contact. Sadly, we fell out of touch and its been a few years since we last spoke In the past few days, since I heard that Aviva was no longer with us, I’ve read and reread our email correspondences. They were sweet, honest, and deep. She always called me Moshebear and I’ve been hearing her voice calling out as I think about her, and how special she was. She was a wonderful person and I’m lucky to have known her. I’m so sorry for your loss and hope that you find comfort in family and community. May her memory be a blessing.

Sincerely,  
Moshe

**Moshe Kornfeld** - October 31, 2018 at 09:21 PM

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“ Our hearts are filled with sadness on the passing of Stacey. What a beautiful soul with a smile that could light up a room. Not only did Stacey love her family and friends, but she was very much loved in return. May Steve, Ilene, and Jen find peace and comfort and know that a community of people are here to support you during this difficult time. Love you with all our hearts.

David and Linda Cooper

**Linda Rabin Cooper** - October 24, 2018 at 10:03 PM

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“ I will always remember Aviva’s kind and gentle way of teaching yoga.  
My sympathy and love to Steve and Ilene and family.



**Laura Judilla** - October 20, 2018 at 06:42 PM

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“ Our paths crossed only briefly but still bring me moments of reflective joy.

Aviva was a wonderful yoga teacher at Prairie Life for a while. On her first day, she explained and a high and clear voice that her name was "Aviva, which is a palindrome", called us "her beautiful little yogi's", and made a point of knowing everyone's name. At first, I was wary of her exuberance after what had been a more subdued 6 am experience in the past, but Aviva had a unique and amazing spirit that radiated joy and was infectious. She often began class with a saying that reflected her deep sense of morality and social justice. Over several months, I found myself really looking forward to Tuesday mornings and Aviva's teachings. Even though I'm a middle-aged man, I actually began to think of myself as a "beautiful little yogi", and her enthusiasm, compassion, generosity, and mindfulness was a rare and precious gift that lifted up those around her.

I am truly grateful for our brief but meaningful time together and am deeply saddened by her passing.

**Stuart Shaw** - October 19, 2018 at 03:40 PM

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“ Solomon Family,

So very sorry to hear of your loss. May your wonderful memories together bring you comfort and peace. May God comfort you.

Sincerely,

Carla and Mickey Lieberman and Family

**Carla :Lieberman** - October 18, 2018 at 01:09 PM

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“ Hard to believe that we will no longer listen to her cheerful and vibrant voice Gently guiding us in her yoga classes. We, who have benefitted from her commitment to Teaching yoga to all ages and all stages will always miss her. Hagith

**Hagith** - October 17, 2018 at 02:00 PM

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“ This is so heartbreaking. We are so very sorry for your loss. We are thinking of you all.  
xoxo, Aaron & Jessica Kroll

**Aaron & Jessica Kroll** - October 15, 2018 at 10:06 PM

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“ I loved attending the classes Aviva taught...The gentle encouragement, thoughtful kindness and sweet smile she brought to all her students will forever be missed. Wishing peace and comfort to all who love her .



**Linda Franey** - October 15, 2018 at 08:44 PM

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“ Aviva and Garrett warmly welcomed us to their home for a beautiful dinner some time ago. It was our first and only opportunity to meet Aviva, and what came across most was her amazing energy and love for her family. We send our deepest sympathies to Garrett, Eli, and Jonah and all those whose lives she touched. Jessica and Adam Sokoloff

**Jessica Sokoloff** - October 15, 2018 at 07:23 PM

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“ So deeply sorry to lleene, Steve, and family for such a horrible loss. In my thoughts. Karel

**Karel Kerschenbaum** - October 15, 2018 at 06:36 PM

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“ May you all find comfort in your memories, peace in time, & have the strength to carry on & continue acts of love and kindness to others in loving memory of Stacey. -Deb Sandler & Family



**Deb Sandler** - October 15, 2018 at 11:01 AM

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“ Dear Simon & Solomon Families,  
We are so very sorry to hear about Stacey. What a great friend she was to everyone who knew her, with the biggest smile and the biggest heart. May her memory be a blessing to all of you and to everyone who was touched by her. Sending our deepest sympathy, Nancy & Allan Reichman

**Nancy Reichman** - October 15, 2018 at 10:03 AM

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“ I first met Aviva when she agreed to sub some of my children's yoga classes. She graciously and enthusiastically subbed many of my classes during my maternity leave with my second born. We had the privilege of sharing lunch together a few times.

When I reached out to her sharing about my post partum depression, she gifted me a massage, and so many freezer meals, and phone calls. She also invited me to one of the classes she was subbing for me and held my baby for most of it. It was so precious watching her love for my baby. I miss her huge hugs and smiles and her way of rushing around but giving each moment and person her whole heart.

As a widow and mother, my heart goes out to your family during your loss.

**Amanda Garner** - October 14, 2018 at 10:59 PM

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“ I knew Aviva threw the many yoga workshops that we attended in the KC area. She was always had a smile on her face and radiated peace and joy. I will miss seeing her and her smile. My thoughts and prayers to her family. She was a beautiful soul and is shining in heaven now.



**Kara** - October 14, 2018 at 10:29 PM

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“ Dear Family of Stacy,  
When Donna and Dennis called me, I was silent. I recall seeing Stacy at Village Shalom  
and such an adorable girl , with a gorgeous smile. I am having a terrible time knowing she is gone. May God help all of you through this time of sorrow. May you

have nachas  
from now on, you surely deserve it. My love goes out to you.  
Marna Dolginoff

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**MARNA DOLGINOFF** - October 14, 2018 at 02:32 PM

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“ Dear Ileene, Steve and Family. I was so very saddened by hearing of Aviva's passing my heart aches for all of you and there are no words I can say to comfort you all at this difficult time! I pray that friends and all your Family will help get you through this time. May her memory be forever a blessing. Jill Jacob

**Jill Jacob** - October 14, 2018 at 12:53 PM

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“ We are deeply sorry and saddened to hear about your loss. We will keep you in our prayers.

**Brian Kopp** - October 13, 2018 at 05:39 PM

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“ Our deepest sympathies to all of Stacy's family. May Peace be with all of you during this very difficult time.



**Dan and Vicki Papa** - October 13, 2018 at 03:05 AM

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“ We offer our deepest sympathy and heart-felt prayers to Matt and the entire Solomon Family.

With sorrow,  
Ken and Carol Kopp

**Kenneth R Kopp** - October 13, 2018 at 12:19 AM

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“ May her memory be for a blessing. She was a beautiful and kind soul. May her spirit continue to shine and illuminate our world. So sorry for your loss. Madeline Silver

**Madeline Silver** - October 12, 2018 at 09:57 PM

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“ Madeline Silver lit a candle in memory of STACEY AVIVA SOLOMON



**Madeline Silver** - October 12, 2018 at 09:54 PM

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“ Steve, Ileene and family,  
I was shocked and saddened to read about Aviva's passing. I only knew her for a very short time through yoga at Prairie Life. She always had a smile on her face, a great instructor and full of gratitude. My heart is heavy for you.

Carol Saffran Steele

**Carol Steele** - October 12, 2018 at 08:49 PM

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“ Dear Ileene, Steve and family, I send prayers for your healing for such a tragic loss. I didn't know Stacey, but I know you, and that makes me know what a lovely young woman she was. My most sincere sympathy to all the family and friends.

Joyce Zeldin

**Joyce Zeldin** - October 12, 2018 at 07:04 PM



“ Such heartbreaking news. A bright and shining light has gone out in our world. May Aviva's memory forever be for blessing. Sending prayers of comfort and love to the family and entire KC/OP community.

Rabbi Alex Shuval-Weiner

rabbi shuval-weiner - October 12, 2018 at 06:42 PM

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“ I was Aviva and Matt's doula during her birth with Jonah. She was so amazing. She gave me some free health counseling sessions as a gift and they were so amazing. She chose a natural (and intense) childbirth because she believed so deeply it was best for her baby. She shared my name with so many of her community and I have been with them during birth too. I was her prenatal yoga teacher and stayed so sweetly connected through the yoga community that truly adored her. To me, she was so generous and so brilliant, and loved so deeply. I am deeply grateful to have been with her during Jonah's birth and held close to her heart. What a gift.



ashley walburn - October 12, 2018 at 05:50 PM

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“ I met Aviva at Day of Discovery in her Yoga class. Asva T'ai Chi instructor I appreciated her enthusiasm and willingness to help me. I saw her again last Thursday at Sharice Davids Campaign Headquarters where we were both working the phone bank. Though we did not take time to talk I could tell she was enjoying this volunteer effort and enthusiastic in her calls. My heart goes out to her entire family. May happy memories keep you close.  
Sally & Larry Gordon

Sally Pape Gordon - October 12, 2018 at 05:23 PM

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“ My heart is breaking for the entire family. So terribly sorry. Thoughts and prayers are with you.  
Debbie Saferstein

Debbie Saferstein - October 12, 2018 at 03:51 PM



“ My heart aches learning of Stacey’s passing. There are no words adequate to comfort you during this difficult time. Please know my thoughts and prayers are with you. Stacey always had smiles for everyone.

**Janelle Flacks** - October 12, 2018 at 02:15 PM

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“ Steve and I are so sorry to hear of Stacey's passing. I remember how poised and friendly she was when she helped Eileen at the Halloween Parties. When I ran into Stacey, Eileen and the boys on a walk, it was great to see what a caring mother she was. Our thoughts and prayers to your family!  
Kathy and Steve Waldman

**Kathy Waldman** - October 12, 2018 at 02:15 PM

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“ Ruthann And Don Zurovsky lit a candle in memory of STACEY AVIVA SOLOMON



**Ruthann and Don Zurovsky** - October 12, 2018 at 01:15 PM

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“ When I think of Aviva, so many memories come to mind. Play dates when Eli & Jacob were littles, walks on the Indian Creek trail, and yoga together. One vivid memory is how she spent so much time preparing healthy and fresh food for her family. On a play date at the zoo years ago, she brought hummus and veggies; I brought cookies! She only wanted her family to eat the most nourishing food. When I was sick a couple of years ago, she made me a delicious salad with lots of protein. She blossomed into a wonderful yoga teacher. I felt she really found her calling in yoga. She was committed, authentic, and incredibly energetic. My heart goes out to her family, who cared for her so deeply. I will miss her.

**Rachel Rubin** - October 12, 2018 at 12:29 PM

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“ You were one of my first friends in Kansas. I will always remember and be grateful for your smile and optimism that welcomed me. May your memory serve as an eternal blessing.

**Elyssa LeFevre Chayo** - October 12, 2018 at 11:39 AM

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“ There are no words. I am thinking of and sending loving vibes to the entire family. May her memory be a blessing. I am so, so sorry.

**a birnbaum** - October 12, 2018 at 11:36 AM

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“ So sorry to hear about Aviva. May her memory and name be a blessing. My condolences. Ellen

**Ellen Portnoy** - October 12, 2018 at 11:29 AM

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“ Our heartfelt condolences to your family. There are no words to comfort this tragic loss. May G-d bring you moments of peace with all your happy memories together. Debbie and Alan Rubin

**Debra/Alan Rubin** - October 12, 2018 at 11:01 AM

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“ A light went out in the world with the loss of Aviva. Our deepest sympathies to her entire family. Please know you are in our thoughts and prayers.

**Jane & Joseph Martin** - October 12, 2018 at 10:46 AM

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“ Garrett, I am so very sorry to hear of your loss. No words can help at this time and I only knew your wife through FB but she seemed to have a true light about her spirit. You and all of your family are in my thoughts and prayers.

**LaDonna Blair** - October 12, 2018 at 10:22 AM

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“ Aviva was a kind soul, giving of her time, incredibly patient and committed. I only knew her for a short time and truly wish it could be longer - for so many reasons. I'm incredibly sorry for your loss. She was a good human.

**Jennifer** - October 12, 2018 at 09:48 AM

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“ I am so sorry for your loss. I knew her for a very long time she was nice to me when at bbyo. She will be miss

**Josh Galler** - October 12, 2018 at 09:04 AM

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“ Stacey has always been a beacon of love. Her light will forever shine in this world. She was my first friend in New York City and opened me up to a whole new way of looking at life. I will miss her dearly, may her soul rest in peace.

**Neel Shah** - October 12, 2018 at 08:50 AM

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“ Tears are running down my face as I write this. You were the most beautiful person both inside and out. I think back to our long walks near Chabad and how you let Ariella run free into the water, even if it would be hard to clean her up since, “it makes her so happy”. I remember how fondly you spoke of your precious boys and husband. You always expressed your appreciation for everything good in your life. May your wisdom that spanned beyond your years continue to inspire and GD willing Mashiach will come soon so we can see your infectious smile once again.

**Esther Sokoloff** - October 12, 2018 at 01:59 AM

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“ We are so sorry to hear this. Stacey was such a special person; she always had such a beautiful smile. This breaks our hearts and so sorry to all of the family-  
With all of our love and sympathy,  
Neal and Michelle D.

**Michelle Deutch** - October 12, 2018 at 01:07 AM

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“ May her memory be for a true blessing.

Debra Goldstein and Family

Debra Goldstein - October 11, 2018 at 11:50 PM

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“ Stacey and I were introduced when I was trying to decide to go to health coaching school. She was generous with her time and answered many questions. When it was her turn to be a yoga teacher we spoke quite a few times and I had the pleasure of working together with her in the community . She has a sweet, generous and infectious smile. I am saddened by the loss and wish I could attend the service but live in PA. I will be dedicating my yoga classes to her memory and to all of you who feel her loss!

melinda janofsky - October 11, 2018 at 11:04 PM

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“ We were so saddened to learn of Stacey's death. We wish the whole family that soon only happiest memories are remembered. May her children always know how much their mother was loved.

Felicia and Seymour Weiner - October 11, 2018 at 10:58 PM

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“ 1 file added to the album Memories Album



Lynn Simon - October 11, 2018 at 10:16 PM

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“ Steve, lleene and family, Phillip and I were so very sorry to hear of the passing of Stacey. Our condolences to you and your family. May her memory be for a blessing.  
Barbara & Phillip Goodbinder

Barbara Goodbinder - October 11, 2018 at 10:15 PM

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“ I am heartbroken to hear of Stacey's passing. I have not seen her in many, many years- probably since Hebrew school or BBYO- but even 20 years later I still remember her warm smile and sweet personality. May her memory always be a blessing and live on in all who knew her. Sending love and comfort to her family and all those who loved her.

Dina kopperman Rabin - October 11, 2018 at 09:52 PM

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“ My heart weeps. A magnificent spirit. All love, to her wonderful family. Honored to have known her.  
Howard Haas

Howard Haas - October 11, 2018 at 08:10 PM

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“ Carole And Bernard Ellis lit a candle in memory of STACEY AVIVA SOLOMON



carole and bernard ellis - October 11, 2018 at 07:35 PM

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“ May her memory be for many blessings.

Michele Magariel - October 11, 2018 at 07:13 PM

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“ Darling "Spring" you brought joy, laughter, and love to all who ever met you. I love you so much and will miss you terribly. Rest in the hands and heart of G-d.

Dr. KAT BOWIE - October 11, 2018 at 07:12 PM

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“ Our hearts are broken. Aviva had such a beautiful smile that lit up the world. May Gd comfort you amongst the mourners of Jerusalem. Dana and David Horesh, Yair and family.

Danya Aliyah - October 11, 2018 at 06:53 PM

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“ She was always smiling-- loved seeing her walk with her kids and dog in the neighborhood!! And when she was younger she babysat my kids. We will always think of her and never forget her.

**Alison Heisler** - October 11, 2018 at 06:50 PM

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“ My recollection of Stacey goes back over 30 years. Such a bright, smiling, caring, outgoing person who loved her family dearly and was the first to do a mitzvah for someone else. She was beloved by her grandmother, Toby Simon, z"l, who predeceased her. Stacey was a wonderful mother, wife, daughter, sister, daughter-in-law, and friend. Her life has ended far too soon as she was such an amazing human being. Our condolences go out to her family and her endless stream of friends. Us included. Naomi Kauffman, Michael and Eva Joy Gunderson



**Naomi Kauffman** - October 11, 2018 at 06:18 PM

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“ Eileen, my heart aches for you! Holding you tight in my prayers.  
Kathy Berger

**kathy Berger** - October 11, 2018 at 06:16 PM

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“ I am so sorry to hear about your loss. My heart and prayers go out to your entire family! Thinking of all of you at this very difficult time!

Rochelle Barash

**Rochelle Barash** - October 11, 2018 at 05:48 PM

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“ Our sincere condolences to the family. May her memory always be a blessing to you  
Marlene and Stanley Katz

**marlene katz** - October 11, 2018 at 05:46 PM



“ The community of Darling Yoga will miss Aviva greatly. She was always a ball of light and full of energy and smiling. She had so much love to share and we are very saddened by her passing. Wishing her family love, peace and light from our hearts to yours.



**Sarah Darling** - October 11, 2018 at 05:45 PM

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**karen gortenburg** - October 11, 2018 at 05:45 PM

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“ lleene and Steve, My heart is breaking for you. Stacey was such a sweet kind girl. Words cannot express how sorry I am. Bless you and your family. Sheila Karpin



**Sheila Karpin** - October 11, 2018 at 05:29 PM

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“ One of my favorite people on earth... the sadness i feelof you being gone is only made up by the joy the memories of you bring me. Truly one of a kind.



**Kasey Klugman** - October 11, 2018 at 04:48 PM

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“ Bernard and Carole Ellis are so sorry for you loss.

**carole ellis** - October 11, 2018 at 04:36 PM

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“ The love Stacey brought into this world should continue and be amplified for her memory.  
With all our love  
Frank, Phyllis & Josef

**Frank Loeffler** - October 11, 2018 at 04:31 PM

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“ Jeff And Deanna Cooper Rudd lit a candle in memory of STACEY AVIVA SOLOMON



**Jeff and Deanna Cooper Rudd** - October 11, 2018 at 04:15 PM

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**Clara Katzberg Levine** - October 11, 2018 at 04:01 PM

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“ She was a beautiful bright line of sunshine. She touched my heart. She will be missed.

**Ellen Miller** - October 11, 2018 at 03:56 PM